

*We give you more  
reasons to*

smile

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D E N T A L

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# Overview

Cigna Dental plans and how they work

- Cigna Dental Care (DHMO)
- Cigna Dental PPO (Radius Network)

Resources

Question & Answer Session

## Cigna Dental Care (DHMO)

- No charge for preventive dental care
- No deductibles, dollar maximums, or claim forms to file
- Select a network general dentist; referrals may be necessary for specialty care
- Orthodontic coverage for children and adults
- Network pediatric dentist can be used until the child's seventh birthday - no referral required
- Second opinions covered at no charge

## Treatment in Progress

- If you have already started a procedure (i.e. a root canal or a crown) with your prior carrier, finalization of those services will need to be submitted to that carrier for final payment.
- If you are newly enrolling for the 2014 - 2015 benefit year and are in the middle of orthodontic treatment, CIGNA will take over responsibility of your treatment plan up to the Lifetime Maximums. Just have the Orthodontist contact CIGNA to provide your treatment plan.

# Finding a Network Dentist

- Web site search at:
  - [www.myCIGNA.com](http://www.myCIGNA.com)
- If your dentist is not in a Cigna network, you can request that they join by submitting a Dental Provider Request form or contacting customer service at **1-800-238-5834**
- If your current dentist does not participate in the Cigna Dental PPO “Radius Network”, you have the option of using your out-of-network benefits through the Dental Network Savings Program (DNSP). Contact customer service at **1-800-238-5834** to verify that your current dentist participates in the DNSP.

# Cigna Customer Service Line

- Toll-Free Customer Service available 24 hours a day and 7 days a week, call **1-800-238-5834** for assistance
- Helpful representatives are available to assist you with inquiries on:
  - DHMO/DPPO Plan Benefits
  - Treatment In Progress
  - Locating a Provider
  - Requesting a Provider

**myCigna.com**

myCigna provides you and your enrolled dependents access to:

- Personalized benefit information
- Finding an in-network provider
- Printing temporary ID cards and/or requesting replacement ID cards
- A dental treatment cost estimator
- Viewing eligibility status
- Downloadable Claim forms (DPPO only)
- Viewing claim status (DPPO only)
- Request to change assigned provider (DHMO only)
- Cigna's Healthy Rewards Program

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# Healthy Rewards<sup>SM</sup>

Significant discounts on many specialty services, such as:

- Massage Therapy
- Acupuncture
- Chiropractic Care
- Hearing Care
- Laser Vision Care
- Dental Products
- Eyeglass Lenses and Frames/Contact Lenses
- Tobacco Cessation & Solutions
- Fitness Club Membership
- Natural Supplements
- Weight Management

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# Dental Oral Health Integration Program (OHIP)

Research shows an association between oral health and complications with medical conditions such as diabetes, stroke, heart disease, pre-term birth, Chronic Kidney Disease, Organ Transplant, Head and Neck Cancer Radiation.

Additional Services may be covered for these conditions under Cigna's Oral Health Integration Program (OHIP). To find out if you are eligible for additional benefits under OHIP contact Cigna Member Services at (800) 238-5834 .

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# Dental Oral Health Integration Program (OHIP)

Below is an overview of the additional services available under the OHIP program.

Covered Dental Procedures and Medical Conditions	Heart Disease	Stroke	Diabetes	Maternity	Chronic Kidney Disease	Organ Transplants	Head and Neck Cancer Radiation
Periodontal Treatment and Maintenance	◆	◆	◆	◆	◆	◆	◆
Periodontal Evaluation				◆			
Oral Evaluation				◆			
Cleaning				◆			
Emergency Palliative Treatment				◆			
Fluoride – Topical Application and Varnish					◆	◆	◆
Sealants					◆	◆	◆

## Things to Remember

- Calendar Year Maximum (\$1,700) DPPO Plan
- Orthodontia Lifetime Maximum (\$1,700) DPPO Plan
- Orthodontia Lifetime Maximum (24 months) DHMO Plan
- CIGNA Dental ID cards will be mailed to your home if you make changes to your existing Dental plan. For example, if you change from DHMO to DPPO or DPPO to DHMO.

## Question and Answer

*Thank you for your time!*

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